



2018



WRESTLING COACHES CLINIC

OCTOBER 18 & 19, 2018

French Field House | Registration: 4:30 PM

Attendees who arrive Thursday will be treated to a closed to public team practice. Our coaches' social will take place Thursday, Oct. 18th at 7 PM in French Fieldhouse during the clinic. Coaches will have the opportunity to complete their Ohio High School Athletic Association (OHSAA) State Rules Interpretation Friday, Oct. 20. Attendees also will have a chance to become CPR and PAV certified and earn their CEU credits. Additional breakout sessions will include strength and conditioning techniques and season planning discussions.

CLINIC SCHEDULE

THURSDAY, OCTOBER 18, 2018

4:30 pm - 6:15 pm Registration in French Field House
(enter on SE Side)

SESSION I

6:15 pm.....Welcome: Tom Ryan
6:30 pmKeynote Speaker
7:15 pm The Ohio State University Wrestling Team Practice
7:00 pm - 10:00 pm.....Coaches Social in French Fieldhouse

FRIDAY, OCTOBER 19, 2018

7:30 - 8:30 am.....Continental breakfast & Registration
(for coaches who did not register or check-in on the first day)

SESSION II

8:30 - 9:30 am..... OHSAA: State Rules Interpretation Meeting
9:30 - 10:00 am..OHSAA: Coaches Association Announcements
10:00 - 10:30 am Keynote Speaker
10:30 am - 2:00 pm.....Breakout Sessions:
Freely choose which sessions to attend
(Lunch will be available to take to sessions from 11 am - 1 pm)

PUPIL ACTIVITY VALIDATION (PAV) CERTIFICATION

Attendees will have the opportunity to obtain or renew their PAV Certification for a three year period. The sports medicine physicians and athletic training staffs and other medical professionals at The Ohio State University will discuss topics such as the recognition and treatment of common sports injuries, emergency situations, injury prevention, strength and conditioning, nutrition and other sports health concerns.

OHIO HS STATE RULES INTERPRETAITION

Attendees will have the opportunity to receive their state rules interpretation credit.

DISCOUNTS

GROUP DISCOUNT: After two coaches are paid in full, each additional coach may receive a discount of \$25 off their registration fee. If registering as a group, all registrations must be submitted together, along with payment, by mail.

MILITARY/SERVICE MEMBER DISCOUNT: Coaches who are current service men/women (Police Officer, Fire Fighter, EMS, Military) will be eligible to receive a discount of \$25 off their registration fee. Proof of employment (i.e., military ID) must be presented at check-in.

Discounts cannot be combined. Discounts are not available through online registration. If registering as a group, all registrations must be submitted together, along with payment, by mail. Please make checks payable to The Ohio State University.

HOTEL ACCOMMODATIONS: Contact Ryan Mantel (mantel.16@osu.edu) for information regarding hotels.

By registering for a Buckeye Sports Camp, I authorize employees or agents of the Department of Athletics to record and edit into video/photograph the name, likeness, image and voice of this camper and to use all or parts of the video/photograph in print and electronic materials for the Department to illustrate and promote the Department, Buckeye Sports Camps and/or The Ohio State University and for no other purpose.

It is not permissible for boosters to provide expenses for individuals to attend any camps by the Ohio State Department of Athletics. Expenses include but are not limited to: lodging, meals, transportation, and/or camp registration fees.

OHIO REGIONAL TRAINING CENTER TECHNIQUE DEMONSTRATIONS

Ohio RTC Olympic hopefuls and coaches will demonstrate smaller, personalized technique sessions.

OSU COACHING STAFF TECHNIQUE DEMONSTRATIONS

The Ohio State coaching staff and student-athletes will conduct smaller, personalized technique sessions.

STRENGTH AND CONDITIONING DEMONSTRATIONS AND Q&A:

The sport of wrestling demands more of athletes than most other sports. Wrestlers need to train in ways that are specifically designed to make them stronger on the mat, not just in the weight room.

CEU CONTACT HOURS FOR TEACHING LICENSURE RENEWAL

Coaches in attendance who also are teachers will receive CEU credits and Verification of Participation Certificates. Three to four contact hours will be available.

CPR CERTIFICATION:

Coaches will have the opportunity to earn or renew their CPR Certification for free.

WRESTLING MINDSET TRAINING AND Q&A:

When competing in wrestling the main differentiator between good and great is the ability to stay in the moment, come learn some strategies to teach your athletes from former Navy Seal Trainer and Ohio State Strength coach Riley Ross.

We are pleased to once again host one of the largest high school and junior high school wrestling coaches clinic in the country. The success Ohio wrestlers achieve at all levels is a reflection of the commitment and hard work you put into your individual programs. We hope you can join us October 18 - 19. We look forward to another great clinic!



BUCKEYE SPORTS CAMPS



WRESTLING COACHES CLINIC

REGISTRATION

Name: _____

Position (circle one): Head Varsity Coach Asst. Varsity Coach Head JV Coach
Asst. JV Coach Head Youth Coach Asst. Youth Coach

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: (_____) _____

Email: _____

(Please use email address that should receive the registration confirmation)

School: _____

T-Shirt Size (circle one): S M L XL XXL XXXL

Please List all attendees (other than listed above):

Name	Position	Shirt Size
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I would like to receive further information about Ohio State Wrestling events.

Please check the appropriate session.

- Clinic Only (No CPR Certification)**.....\$ 125
- Clinic + CPR Certification**.....\$ 150

of Attendees: _____

Total Amount Due: _____

This clinic is intended for COACHES ONLY! In addition to the clinic, \$20.00 of the registration fee is for membership in the Ohio Wrestling Coaches Association.

OPTION 1: Online Registration

To register online, please visit OhioStateBuckeyes.com/camps (A processing fee will be added to all online registrations.)

OPTION 2: Check or Money Order

**Any non-scholastic group of 5 or more that wishes to pay with one check for the entire group must do so ahead of time via mail. Any non-scholastic organization with a group of 5 or more registering the day of the camp must pay with credit card, cash, or money order. No exceptions will be made.*

Make checks payable to: The Ohio State University

Mail application to: Wrestling Coaches Clinic
Fawcett Center, 7th Floor
2400 Olentangy River Road
Columbus, OH 43210

To ensure that you receive the confirmation emails and other important communications about camp, please add Buckeyecamps@osu.edu to your Safe Senders List.



THE PEOPLE.
THE TRADITION.
THE EXCELLENCE.