



# GREATER CLEVELAND WRESTLING COACHES & OFFICIALS ASSOCIATION

Office of the Secretary  
26545 Waterberry Circle North Olmsted, OH 44070

Jerry Des Forges (440) 596-1169

[gcwcoa.weebly.com](http://gcwcoa.weebly.com)

[gcwcoa@gmail.com](mailto:gcwcoa@gmail.com)

## Week of 9.24.2018

### Business Items:

- Our first meeting “State of NEO Wrestling” is about a month away. It will be held at Lutheran West High School on October 16th at 7PM at **LUTHERAN WEST HIGH SCHOOL**. Can’t wait to see you all there.
- I also ask that if you are looking for teams, events, and coaches you email them to me at [gcwcoa@gmail.com](mailto:gcwcoa@gmail.com). **Once filled, please notify me so I may remove the postings.** The posting will stay up for one month unless otherwise notified.
  - In addition, please provide me with contact information if applicable.
- The website is currently being updated, I have set up the following site <https://gcwcoa.weebly.com> for all GCWCOA information. It is a skeleton right now, but I plan on adding more information in the near future. I have updated the scheduling information as well as the job posting information.
- If you have any additional items to bring up in regards to fundraising for scholarships, points of interest, etc. Please email [gcwcoa@gmail.com](mailto:gcwcoa@gmail.com)

### Scheduling (older postings can still be found at <https://gcwcoa.weebly.com/scheduling.html>):

- **Amherst High School** is looking for a 2 Point Event over the winter break. Please contact Vinnie Curiale via phone or text at 216-509-7322 or email at [vin2236@yahoo.com](mailto:vin2236@yahoo.com).
- **Orange High School** has 4 points to fill. We are interested in hosting a 2 point event on Saturday January 19th with a 9AM start time. Orange High School is also look for events on the following dates January 18 or 19, February 1 or 2, and February 8 or 9. Please contact Al DiGiovanni at [adigiovanni@orangecsd.org](mailto:adigiovanni@orangecsd.org)
- **Perry High School** is looking for a two point event on Jan 12<sup>th</sup>. Contact Dave Rowan at 440-479-5250 or [rowand@perry-lake.org](mailto:rowand@perry-lake.org)
- **Rocky River High School** is looking to host a quad on Saturday, January 5th and is looking for 3 teams. If interested please email Coach Juliani at [rrhswwrestling@rrcs.org](mailto:rrhswwrestling@rrcs.org)

### Coaches Needed (older postings can still be found at <https://gcwcoa.weebly.com/coaching-positions.html>):

- **Kenston High School** is in need of a JV/Assistant wrestling coach interested in helping our program grow. It is a paid position. Interested parties should contact Head Coach Ricky Deubel ([ricky.deubel@kenstonapps.org](mailto:ricky.deubel@kenstonapps.org))

- **Solon Middle School** is looking for two assistant middle school coaches. All inquiries should be sent to Audie Atienza at [audieatienza@solonboe.org](mailto:audieatienza@solonboe.org)

**Other Events** (more information can be found here <https://gcwcoa.weebly.com/non-gcwcoa-events.html>):

- Ohio State will hold their annual coaching clinic on October 18th & 19th.
- Tickets for the October 14th Ohio Chapter National Wrestling Hall of Fame Dinner can be purchased online at <https://oh-nwhof.ticketleap.com>
- **3rd Annual Battlezone College Combine**
  - I want to welcome all 9th-12th grade wrestlers to this years 3rd Annual College Combine. All experience levels are welcome as well. This is a great opportunity for all wrestlers that want to continue to grow in the sport of wrestling.
  - The event includes a practice and interaction time with the college coaches. Every wrestler will get a shirt with a number so they can be identified by the coaches. The coaches will be given each wrestlers contact information, GPA, desired major, and wrestling accomplishments. This is a great way to get your name out there to multiple college programs.
  - There will be around 15-20 colleges at the event. This includes D1, D2, and D3 programs throughout Ohio, PA, MI, and Indiana.
  - Please let me know by email if your interested in attending.
    - We only have 60 spots for this event.
    - Date: Sunday, October 14th
    - Price: \$50
    - Combine Check In Time: 9:30am
    - Combine Start Time: 10:00am
    - Location: BattleZone Wrestling Club-257 Main Street Wadsworth, OH

**Event Schedule:**

- Doors Open: 9:00am
- Wrestler Check In: 9:30am
- Combine Start Time: 10:00am-12:00pm
- Coaches/Wrestler Interaction Period: 12:00pm-1:00pm
- Contact [battlezonefitness@gmail.com](mailto:battlezonefitness@gmail.com) if you want to attend!

- See the picture below for camp information at Lake Catholic.



What started out as "FUNK" has evolved into a technical extension of baseline defense. From novice through the highest level in the sport of wrestling the art and style of scrambling technique is very prevalent. No longer can wrestlers choose to NOT SCRAMBLE. It is an essential skill to learn to be a complete wrestler on any competitive level in the sport.

We will walk you through the fundamental technique and philosophy behind all scoring options from each position and counter attacks. In just a couple days you will be rolling and attacking scramble positions fearlessly.

The Compound's unique teaching approach is a proven system to focus on one specific area in depth to teach any and all skill levels of wrestlers. "Attacking" base positions in a controlled technical environment over a condensed learning period produces high level results within days.

**Where:** Lake Catholic High School 6733 Reynolds Rd, Mentor, OH 44060

**When:** October 20th 9AM - 3:30PM October 21th 9AM - 2PM

**Reminder:** Pack lunches and snacks for each day

**Clinician:** Compound Coach Cliff Fretwell

**For:** All ages and skill levels.

Further Questions Contact: [Scott Hivnor](mailto:shivnor@advapp.com) | [shivnor@advapp.com](mailto:shivnor@advapp.com) | [216-347-4904](tel:216-347-4904)

**Miscellaneous Information:**